

Health Week at GPS!



In June, we celebrated our annual Health Week and what a fantastic week it was! All children across school were part of a range of activities which encouraged the children to be healthy and active. We had lots of engaging sessions organised for the children, some that were based in school and some were based out of school. All of the sessions delivered gave the children an opportunity to try a variety of fun and energetic activities. Some of these activities included the smoothie bike, various intra-school football tournaments, dodgeball, dance, hockey and swimming and the Raich Carter Centre, Inflatable Frenzy assault courses and not forgetting our traditional Sports Day. As well as understanding the importance of being fit and healthy, the children also had the chance to demonstrate effective teamwork, leadership and communication skills.

