

Tri-Golf

Year 3 had their first experience of Tri-Golf and the children had a fantastic afternoon. Tri-Golf encourages the development of a range of physical skills, such as improved fitness, accuracy, coordination, focus and other gross motor skills. The children completed a range of fun activities that worked on improving these skills.



I worked hard to hold the club correctly and I managed to chip the ball successfully.



The children completed a series of fun challenges in their groups and each challenge involved the application of different skills. Some challenges required putting the ball, whilst other challenges required chipping the ball. The children also had to use their mental maths skills throughout the afternoon as each challenge had a different scoring system and the teams had to add up their scores depending upon the points they were awarded.



I had to hit the ball and get it to land on the target mat. I managed and scored 10 points!

The challenges were really fun and our team scored lots of points. Teamwork was key!

