



Changing me

We have reviewed the changing me unit from Jigsaw and amended it slightly. Please see the notes below before delivering this unit of work.

- Early years – no changes
- Year 1 – We have removed the word vulva
- Year 2 – the use of correct vocabulary for body parts is used at all times however we have removed the use of the word vulva
- Year 3 – three objectives from year 3 have moved into year 5:
 - 1) To know that the male and female body needs to change at puberty so that their bodies can make babies when they are adults
 - 2) To know some of the outside body changes that happen during puberty
 - 3) To know some of the changes on the inside that happen during pubertyKnowing in animals and humans lots of changes happen between birth and growing up
Vocabulary moving to Y5: uterus, puberty, testicles, sperm, ovaries, egg, ovum
'womb' will still be used in Year 3
- Year 4 – Objectives moving to Year 5:
 - 1) Know that personal characteristics are inherited from birth parents and this is brought about by an ovum joining with a sperm
 - 2) To know that babies are made by a sperm joining with an ovum
 - 3) To know the names of the different internal and external body parts that are needed to make a baby
 - 4) To know the female and male body change at pubertyAdditional objective: To know what perception means and that perceptions can be right or wrong (resources can be found in the Year 5 unit of work)
Vocabulary moving to Year 5: sperm, egg, ovum, vulva, uterus, making love, having sex, sexual intercourse, fertilise, conception, menstruation, periods
Additional vocabulary: body image, self image, characteristics, looks, personality, perception and self esteem
- Year 5 – Some content moved from previous year groups to fit in with the puberty talk which all children receive in Year 5
Objective to teach from Year 6: to know how a baby develops from conception through the nine months of pregnancy and how it is born
- Year 6 – Some of the vocabulary used will have already been taught in Year 5
To know how a baby develops from conception through the nine months of pregnancy and how it is born – this objective will now be taught in Year 5